

NORTHERN SUBURBS

Century City • Goodwood
Bellville • Tyger Valley
Durbanville • Kuils River
• Airport & Surrounds



Book your experience at 021 487 6800 or www.capetown.travel

LIVE IT! LOVE IT!

BE A RESPONSIBLE TRAVELLER

10 tips to be responsible in our communities

- 1 Research the culture of the area you intend to visit before arriving at your destination.
- 2 Talk to locals, make use of local tour guides and stay in accommodation establishments that are invested in the local community.
- 3 Learn some of the language – a simple greeting and thank you in the language of our people will see you embraced as a guest and not only a visitor.
- 4 Respect the dignity and privacy of others – please ask permission before you take a photo.
- 5 Rather than giving money to beggars and street children, make an effort to donate to a local charity that supports community projects.
- 6 Purchase souvenirs directly from community markets and handicrafters so that the money goes directly to local businesses.
- 7 Take your tastebuds on a journey by experiencing local and regional cuisine. This will give you insight to the culture of the area and you will support the local economy.
- 8 Practise safe and responsible sex and be vigilant about child prostitution.
- 9 Question establishments where children of school-going age are working.
- 10 Bargaining for goods may not always be appropriate, but if the price is negotiable, pay a price that is fair for the seller and maker.

10 tips to be responsible towards our environment

- 1 Please use water as efficiently as possible. Drink tap water. South Africa's tap water quality is ranked as third best in the world. Do not leave your towels in your hotel room to be washed unless necessary. Try to use biodegradable shampoos and soaps.
- 2 Take care not to start a fire with your cigarette butts or matches.
- 3 Please use electricity as efficiently as possible. Switch off the lights, electric fan, air conditioner and television when you are not in your room.
- 4 Do not approach or feed baboons. They are wild and potentially dangerous.
- 5 Do not take natural keepsakes like shells and indigenous flowers when spending time in nature.
- 6 When driving or hiking, stick to marked paths and roads.
- 7 Make sure the seafood you want to buy and eat is not on the list of endangered species. SMS the name of the fish to +27 (0)79 499 8795 and you will receive an answer within seconds.
- 8 Dispose of rubbish carefully, recycle where possible and reuse your beverage bottles and shopping bags.
- 9 Make use of public transport when possible or take a walking tour.
- 10 Holiday closer to home or offset your carbon footprint by planting a tree or buying local produce – support some of the great local organic markets in Cape Town.



6 GrandWest Casino

CASINO

CENTURY CITY

Cape Town is a shopping mecca and Century City is its heart. With the Canal Walk shopping centre and a host of other attractions, there's plenty here to keep you and the family entertained.



Canal Walk Visitor Information Centre
Century City Boulevard,
Entrance 2, Century City
021 529 9798/9
visitorinfo@canalwalk.co.za



CANAL WALK SHOPPING CENTRE

One of SA's premier shopping centres and one of the largest in Africa, Canal Walk is home to over 400 stores and represents the best of South African and international brands as well as some great local designers. There are also loads of restaurants to chill out in while you rest your feet.

Century City Boulevard, Century City
021 529 9699/8
www.canalwalk.co.za



CENTURY CITY NATURAL GOODS MARKET

Find a little bit of the farm in this most urban spot. Held at Central Park in the heart of Century City, visit to find the freshest of produce and plenty of other cool stuff.

1st Sunday of the month 09h00 – 15h00.
Park Lane, Central Park, Century City
021 531 2173
www.naturalgoodsmarket@gmail.com



RATANGA JUNCTION

For the ride of your life, Ratanga Junction is a full-scale theme park with over 30 rides, restaurants, shops and plenty to keep the whole family entertained. Dare to ride the Cobra for a giant thrill. It's not open all year, so check before you go.

Century Boulevard, Century City
021 550 8504 / 0861 200 300
www.ratanga.co.za



INTAKA ISLAND

Century City's award-winning wetlands and eco-tourism attraction, Intaka Island is home to more than 120 bird species. For keen birders, there's a hideout from which to view the dozens of pairs of water birds.

07h30-17h00 daily
Century Boulevard, Century City
021 552 6889
www.intaka.co.za

GOODWOOD

This area is one of Cape Town's industrial and suburban heartlands. It was named after the famous Goodwood Racecourse in England. However, the planned racecourse was abandoned after just one meeting. The main attraction here is the flashy GrandWest Casino. Voortrekker Road is the arterial road that starts way back in Salt River and passes through Maitland, Goodwood, Parow and Belville. If you have time and feel like really getting off the tourist trail, this is a real retro route with oddly interesting old-time shops, junk shops, stone masons associated with the old cemeteries in Maitland, and endless car dealerships and sundry shades of suburban bars and local hang outs.



GRANDWEST CASINO

The biggest casino in the Cape, complete with 1 750 slot machines, gaming tables as well as lounges, bars, restaurants, a nightclub and revue bar. There's also an Olympic-sized ice rink, ten pin bowling, mini fun fair and plenty more to keep the whole family entertained. Watch out for events here, as GrandWest often plays host to big-name acts.

1 Vanguard Drive, Goodwood
021 505 7777
www.suninternational.com

BELVILLE & TYGER VALLEY

Visit Cape Town's Northern Suburbs to shop in small boutiques in Bellville and engage in serious retail therapy in some of the Cape's largest and most sophisticated shopping malls.



Willowbridge Visitor Information Centre
Willowbridge Lifestyle Centre,
39 Carl Cronje Road, Tyger Valley
021 915 4080
willowbridge@capetown.travel



TYGERBERG NATURE RESERVE

See a large tract of endangered renosterveld vegetation on one of many hiking trails, most of which can be covered in two hours. The Induli trail, which means "hill", takes you up to the reserve's picnic area and viewpoint, where you can enjoy a scenic lunch. This is one of only two places – along with Blaauwberg beach – where you can take the classic photo of Table Mountain.

09h00-16h00 weekdays;
09h00-18h00 Sat, Sun & holidays
Totius Street, Welgemoed
021 913 5695



BELLVILLE GOLF CLUB

Enjoy sweeping views of the Hottentots Holland mountains while playing a few holes at this course in the Welgemoed Valley.

Jip de Jager Road, Welgemoed
021 913 3100
www.bellvillegolf.co.za



BELLVILLE VELODROME

Look out for what's happening at the Velodrome – it's not just for bikes but also used for concerts and other big events.

Carl Cronje Drive, Bellville
021 949 7450



TYGER VALLEY CENTRE

There are nearly 300 shops here to explore, as well as facilities like restaurants, movie theatres, banks and even medical suites.

09h00-19h00 Mon-Sat & holidays;
09h00-17h00 Sun
Durban Road, Bellville
021 914 1822
info@tygervalley.co.za
www.tygervalley.co.za



WILLOWBRIDGE LIFESTYLE CENTRE

Enjoy the sunshine while you shop at this open-air centre. It specialises in homeware and decor, although there are also some chic little boutiques to browse. There are also several restaurants to choose from, as well as a theatre.

09h00-18h00 Mon-Sat;
09h00-17h00 Sun & holidays
39 Carl Cronje Drive, Tyger Valley
021 914 7218
www.willowbridge.co.za



THE SANLAM ART GALLERY

Sanlam has one of the largest corporate collections of SA art. The gallery houses a permanent collection of works by some of the best known South African artists, as well as exciting emerging talent, dating from the nineteenth century to the present.

2 Strand Road, Bellville
021 947 3359
www.sanlam.co.za



ART.B GALLERY

This vibrant gallery, run by the Arts Association of Bellville, showcases the work of some truly exciting young local artists, as well as some more established names. It's a non-profit organisation aimed at helping the community and they also hold workshops to help young artists get a start.

The Library Centre, Carel van Aswegen Street, Bellville
021 918 2301
www.artb.co.za



UNIVERSITY OF THE WESTERN CAPE

Originally established to cater for the so-called 'coloured' community, UWC has a proud struggle history. The university is renowned for its work in the field of information technology.

Of particular interest is the Mayibuye Centre, an impressive collection of material relating to apartheid and the struggle for democracy in South Africa, which can be consulted by appointment to visitors and researchers.

10h00-15h30 weekdays
Modderdam Road, Bellville South
021 959 3900

AFTER DARK...

There's a hip scene happening in the North – head for Bellville's Edward Street to check out a strip of clubs, bars and restaurants. They're pretty close together so you can try a few and make an evening of it. Otherwise, if you're feeling lucky, there's always GrandWest Casino, packed with other attractions to keep the whole family entertained.



NIGHT LIFE

DURBANVILLE

This is a suburban enclave that has quietly been developing apace and shedding its more rural roots. But the Durbanville wine route reminds you that the area retains a strong agricultural focus. So, not too many kilometres from the city centre, you can sip delicious wines, often with views across the bay to majestic Table Mountain.



DURBANVILLE ROSE GARDEN

This garden has about 800 rose varieties and over 4 500 rose bushes in beautifully manicured grounds. There's a tea garden to relax in while you contemplate the splendour of the garden in full bloom.

Open sunrise-sunset
Durbanville Avenue, Durbanville
021 976 4497



DURBANVILLE NATURE RESERVE

Although small in size, the Durbanville Nature Reserve has two rare floral species in a unique veld environment of coastal and mountain fynbos. It's a good spot for hiking, picnicking and bird watching. Guided walks can also be arranged.

07h30-16h00 weekdays
Racecourse Road, Durbanville
021 970 3097



RUST-EN-VREDE CULTURAL CENTRE

Situated in a beautiful national monument dating from the 1840s, Rust-en-Vrede is an interesting gallery that showcases the work of both emerging and established artists. Browse the art and admire the architecture of what was once a magistrate's court. There's also a trendy cafe with outdoor terrace and a fascinating Clay Museum which pays tribute not only to South Africa's contemporary ceramics but also this area's history of producing fine clay and bricks.

09h00-17h00 weekdays;
09h00-13h00 Sat
10 Wellington Road, Durbanville
021 976 4691
www.rust-en-vrede.com

Durbanville Wine Route

WINE TASTING



DURBANVILLE CRAFT MARKET

Check out this market under the old oak trees in the lovely gardens of Rust en Vrede. There are over 200 stalls displaying a variety of handmade articles like needlework, pottery, paintings and much more.

09h30-14h00 first Sat of every month
10 Wellington Road, Durbanville
021 981 2076
info@durbanvillecraftmarket.co.za



VILLA PASCAL THEATRE

This intimate theatre offers live entertainment by a variety of performers. You can bring a picnic basket to enjoy during the show.

28 Van der Westhuizen Street, Durbanville
021 975 2566
www.villapascal.co.za



DURBANVILLE GOLF CLUB

Durbanville has a reputation for friendliness so golf enthusiasts can be sure of a warm welcome at this flat 18-hole course.

Sports Road, Durbanville
021 976 8121
www.durbanvillegolfclub.co.za



CLARA ANNA FONTEIN

The only game reserve within the greater Cape metropolitan area. You can see zebra, antelope, ostrich and other animals.

Vissershok Road
021 975 7017
www.claraannafontein.com

DURBANVILLE WINE ROUTE

Spend a day visiting the nine wineries that form the Durbanville Wine Valley in the Tygerberg Hills. Most have restaurants and wine tasting and many offer tours and other activities such as history lessons and even carriage rides.

www.durbanvillewine.co.za



DURBANVILLE HILLS

Head a bit out of town for this one – but it's worth it for the lovely setting and value-for-money wines.

M13 / Tygerberg Road, Durbanville
021 558 1300
www.durbanvillehills.co.za



DIEMERSDAL WINE ESTATE

This estate has been in the same family for six generations. Drop in to taste some of their fine red and white wines.

Off M58 / Koeberg Road
021 976 3361
www.diemersdal.co.za



DE GRENDDEL

From its situation on the top of Tygerberg Hill, De Grendel offers spectacular views to go with their noble wines. De Grendel means 'the latch' in Dutch, because this farm was traditionally the gateway to the interior towns of Stellenbosch and Durbanville.

021 558 6280
www.degrendel.co.za



KUILS RIVER

Enjoy the tranquillity of some of the oldest farms in the Cape in Kuils River at the foot of the Bottery Hills. Smallholdings sit cheek by jowl alongside manufacturing plants. It's often referred to as the gateway to the Stellenbosch wine routes. Zevenwacht Wine Estate is invariably included en route to Stellenbosch. There are some lovely old church buildings here too, and a relaxed, community-orientated way of life.



KUILS RIVER GOLF CLUB

This is an undulating 18-hole course with some fine water features.

Bottelary Road, Kuils River
021 903 0222
www.kuilsrivergolfclub.co.za



ZEVENWACHT WINE ESTATE

Take hours over lunch at the restaurant at Zevenwacht – or you can order a picnic to enjoy in the lovely grounds, or even braai (that's barbecue...) your dinner from one of their swanky braai baskets. There's accommodation and a spa, and a play area for the children.

Langvenwacht Road, Kuils River
021 903 5123
www.zevenwacht.co.za



NITIDA CELLARS

Enjoy a farm breakfast and homemade products from over 50 different suppliers at this lovely vineyard's farmers' market. Catch it on the last Saturday of the month, or come another time to taste the wine and eat in the restaurant.

M13 / Tygerberg Road, Durbanville
021 976 1467, www.nitida.co.za



For this map in detail refer to the Cape Town Map or visit <http://www.capetown.travel/guide/maps/>

WINE ROUTE



DETAILED MAP OVERLEAF

map 7 of 8
Collect them all including the Cape Town map.

THE AIRPORT & SURROUNDS

Cape Town is very proud of its shiny new airport, the third largest in Africa and South Africa's most important tourist hub.

- 27 Thunder City "Flights by appointment only"
- 28 Aviation Centre
- 29 Airport Mall



Cape Town International Airport
Airport Approach Road, off N2
021 934 1949
Flight information 086 72 77 888
airport@capetown.travel

KING DAVID GOLF CLUB
Tee off amid spectacular views of Table Mountain and Devil's Peak. This course is known for staying dry and firm when it's wet, and is sheltered from the wind.

Pallotti Road, off Modderfontein Road, Montana, Bellville
021 934 3056
www.kingdavidgolfclub.co.za



BEST OF NORTHERN SUBURBS

► SHOP, SHOP, SHOP

Head out north for some of Cape Town's best shopping – from the huge malls like Canal Walk, Willowbridge Lifestyle Centre and Tyger Valley Mall to boutiques selling unique gems you'll treasure forever.

► SWIRL, SIP AND SLIP INTO RELAXATION

The Durbanville Wine Route is rapidly growing in popularity. Pop in for a taste or while away an afternoon in one of the acclaimed restaurants on the wine estates.

► MEET A FARMER

There are several farmers' markets here where you can enjoy a delicious breakfast while perusing the freshest produce or stocking up on waaiemoenkonyfyt – if you don't know what this is, you'll just have to try it...

► TRY YOUR LUCK

If you feel like Lady Luck might be smiling on you, drop a few coins in the slots at GrandWest Casino, Cape Town's flashy patch of Vegas. If it's not your thing, there's plenty more to keep you entertained, from restaurants and cinemas to an ice rink!

► APPRECIATE NATURE

Although the Northern Suburbs are a fast-growing urban area, there are still plenty of pockets of green to explore, from nature reserves to the Bellville Rose Garden which blooms in summer.

► LOVE THE NIGHTLIFE

The Northern Suburbs has a lively evening scene. The young and young at heart will love the bars along trendy Edward Street in Bellville, or if you're looking for something more sedate, there are plenty of acclaimed restaurants to try.

► CATCH A CONCERT

Check out the local papers or ask Visitor Information about concerts that may be going on during your visit – some of Cape Town's biggest venues are in this area, including the Bellville Velodrome and GrandWest.

To book any of the experiences on this map or get more information, please contact Cape Town Tourism call centre on 021 487 6800



APPRECIATE NATURE

14 Rose Garden

SENSIBLE SAFETY TIPS

- Avoid carrying large sums of cash, cameras or other valuables in plain sight, and never leave belongings unattended.
- Heed the advice of Cape Town Tourism Visitor Centre staff or locals on where to go after dark. Try not to walk alone, and take special precautions at lonely lookout points. At night, park in a secure, well-lit area.
- Do not allow strangers to assist you in any way at ATMs.
- Do not give money to street children and beggars. If you wish to do good, rather give food or donate your change to a registered charity.
- Keep photocopies of all valuable documents in a safe place.
- Report any safety incident, at the following numbers:

All emergencies: Mobile phone – 112 / Landline – 10111
South African Police Service (SAPS) – 10111
Cape Town Tourism – 021 487 6800.

Cape Town Tourism, in partnership with Protection and Emergency Services, runs a successful Visitor Support Programme to assist you further, should you be involved in an incident.

CATCH A CONCERT

1 Canal Walk

SHOP, SHOP, SHOP

NORTHERN SUBURBS

- | | |
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| CENTURY CITY | 17 Durbanville Craft Market |
| 1 Canal Walk Shopping Centre | 18 Villa Pascal Theatre |
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| 4 Intaka Island | DURBANVILLE WINE ROUTE |
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| BELVILLE & TYGER VALLEY | 23 Diemersdal Wine Estate |
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| 10 Willowbridge Lifestyle Centre | THE AIRPORT & SURROUNDS |
| 11 The Sanlam Art Gallery | 27 Thunder City |
| 12 Art.b Gallery | 28 Aviation Centre |
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| DURBANVILLE | 30 King David Golf Club |
| 14 Durbanville Rose Garden | CAPE TOWN INTERNATIONAL AIRPORT |
| 15 Durbanville Nature Reserve | Visitor Information Centre |
| 16 Rust-en-Vrede Cultural Centre | Police Station |
| | Hospital |

SIP & RELAX

Durbanville Wine Route